



E-TIMES

**YOU VOTED . . .
WE WON!**

Residents:

BEST Personal Coaching Services

BEST Cheer Studio

BEST Coaching Services-Sports

**THANK
YOU**



Students:

BEST Cheer Studio

Best Gymnastics

BEST Sports Facility



IN THIS ISSUE

HALF SEASON TRY-OUTS, page 3

BRING A FRIEND, page 3

HV ROTARY MEET & GREET, page 7

Excite! Gym & Cheer | 2225 Highland Village Road | Highland Village, Texas
excitegym.com | office@excitegym.com | 972-874-8500

Encouraging Xtreme Character In Training Excellence



Calling All Athletes with Special Needs!

INSPIRE IS BACK!!

**Sunday, September 22
12:45-1:30pm**

****Mandatory Parent Meeting 1:00-1:15pm to go over the new season****

INSPIRE is going into its 9th season! Being a part of INSPIRE lets your athlete with special needs train alongside and with other cheer buddies!

Ages: All ages and abilities welcome.



Athletes attend 3 local events/competitions!



Costs: Excite! sponsors this program so very minimal fees due for uniform and the banquet.



SIGN UP

Come see if INSPIRE fits your child's passion!!

BRING A FRIEND WEEK - September 9 - 14



FREE trials for new friends!

(not a current member of Excite!)

*Invite your new neighbor or classmate to come experience the FUN
at Excite! Gym & Cheer!*

Complete required waivers online PRIOR to arrival at Excite!

Friend must be age appropriate, not skill.

WAIVER

HALF SEASON CHEER AND GYMNASTICS EVALUATIONS AND TRY-OUTS



CHEER / Half Season

ENROLL

When: Tuesday, September 17

Time: 5:30 - 6:15pm **Ages:** 6-11 years

Cost: \$5 (no commitment for the evaluation)

Looking for a great opportunity to see if competitive cheer is for you? All Star Prep Half Season is a program made JUST FOR YOU!

Season runs October-March (just 6 months)

Less costs, less time commitment, less stress . . . but **LOTS OF FUN!!**

NOTE: Parent meeting during the evaluation process.



GYMNASTICS / Half Season

ENROLL

When: Tuesday, September 10

Time: 4:45 - 5:30pm **Ages:** 6-11 years

Cost: \$5 (no commitment for the evaluation)

Team commitment September 15 - May 15

Train, compete and attend limited meets, limited team obligations but the chance to see if it's for you. OR train now to compete a full season next season! **EARLY BIRD GETS THE MEDAL!!**

NOTE: Parent meeting during the evaluation process.

FALL PRESCHOOL

CLASS DESCRIPTIONS (detailed description in July E-Times)

- Tots (parent activity required) - Age: 3 and younger - 45mins.
- Tiny Stars - Ages: 33 months - 3-1/2 years - 45mins.
- Shining Stars - Age: 3-1/2 - 4-1/2 years - 45mins.
- Shooting Stars - Age: 4-1/2 - 6 years - 45mins.
- Hot Shots - Ages: 4 - 7 years - 55 mins.
- NEW REC LEVEL - Beg. Gymnastics - Age: 6 - 7-1/2 years - 45 mins.



THEMES

- FARM - August 26 - September 8
- SPACE - September 9-22
- TEDDY BEAR - September 23 - October 6
- BACKWARDS - October 7-20
- CREEPY CRAWLERS - October 21 - November 3
- TURKEY - November 4-24



ENROLL



This class takes the pressure off parents to commit financially. The class is a bit less structured for each tot's individual development. It also becomes a great social outing for friends, moms, dads and grandparents. There is absolutely No Obligation to sign up for classes after the 6 months. Some restrictions apply.

RETURNING CLASS

FREE - NO MONTHLY FEES
FOR PARENT & TOT CLASSES
AGES 13 MONTHS - 18 MONTHS

Wednesdays at 11:15am

Note: More days and times may be available upon request.

Email office@excitegym.com if you have an interested group!

Registration Fee Only: \$35

ENROLL

Drop In Day Play Times

- Mondays** 2:30pm - 3:30pm
- Tuesdays** 9:30am - 10:30am
- Fridays** 10:30am - 11:30am

Have FUN in our facility with our gym toys & equipment--trampolines, foam pit, mini bars and more!

DAY PLAYS are FREE for Excite! members and only \$5 for others. Online waiver required. **WAIVER**



CLINICS

Description	Tue	Wed	Thur
Fast Start		5:30p	
Back Handspring		5:00p	
Back Tuck		4:30p	
High School/College Open Stunt \$2 each session. Cash only. Waiver required prior to arrival.	8:15p		8:15p

Enroll online at excitegym.com. All clinics are 30 minutes - \$15/members, \$18 non-members. Students encouraged to stretch and warm up before class. Parents responsible for child's safety until clinic begins. Please sign up in advance to avoid clinic cancellation. If minimum enrollment of 2 is not met, clinics will be canceled 72 hours in advance, and notification will be made via phone call. Nontransferable or refundable if canceled less than 48 hours in advance without doctor's note. Waivers are required from each participant.

OPEN TUMBLE / GYM

Saturdays - September 14, 21, 28

5:00 - 7:30pm

Ages: 6 years and up

Cost: \$10 members / \$15 non-members
(online waiver required)

ENROLL

Online enrollment required 3 DAYS IN ADVANCE to avoid cancellation (minimum required).



PARTY PACKAGES

Come celebrate with Excite! We open our spaces to you and yours for birthday celebrations, holiday parties and much more. Take off the pressure of planning a party, and let us do the work for you! We are here to give you the best experience possible.

We don't want you to have the same old party. We want you to have the

PARTY YOU WANT!!

All parties include: In-ground trampoline, 2 tumble tracks, Bars & Beams, Warp Wall, Foam Pit and more!

TOTS PARTY

Ages: 2 - 3 years

Time: 1 hour

Cost: \$95 for 15 kids (including birthday child)

Includes: 20 minutes of games, 20 minutes of open gym and 20 minutes for cake/gift opening. One (1) adult actively supervising per child under the age of 3 is required for the best experience and safest environment.

OPEN GYM PARTY

Ages: 5 years and up

Time: 1 hour

Cost: \$150 for 15 kids (including birthday child)

Includes: One (1) party leader/coach to help with supervision, directing safety rules, while kids enjoy gym FULL of options. 45 minutes gym time, 15 minutes private party room/cake room. This is a great party for groups, organizations and older kids.

MINI PARTY

Ages: 3 years and up

Time: 1 hour

Cost: \$150 for 15 kids (including birthday child)

Includes: One (1) party leader. Organized games and open tumble play, electronic invitations, 45 minutes tumble time, 15 minutes private party room/cake room.

ADULT DAY OUT

Time: 1 hour 30 minutes

Cost: \$150 for up to 15

Includes: Team Building Games and Meeting Room available. 45 minutes organized team building development, 45 minutes in meeting space.

BOOK YOUR PARTY NOW

BOOK

All parties require a \$75 deposit to book. Some restrictions apply.

**EXCITE!-ING PARTIES
FOR AGES 2 & UP!
YOUR party!
YOUR choice!**

GYM BASH PARTY

Ages: 4 years and up

Time: 1 hour 30 minutes

Cost: \$240 for 15 kids (including birthday child)

Includes: Electronic invitation with rsvp. Two (2) party leaders, 1 hour gym time, 30 minutes private party room/cake room. Choose from one of the following themes:

Beach

Get chased by sharks. Beach ball craze. Jump the ocean.

Cheer It Up

Routines. Pom Poms. Tumbling. Open gym.

Ninja Time

Warp Wall. Dodgeball. Challenge course. Open gym.

CSI

Ribbon rewards. Gymnastic show-offs. Track & Field.

Olympic

Detectives & criminals battle it out, hide & seek, poison frog.

Gym Play

Obstacle course. Parachute. Flip the mat. General gym play.

Princess

Princess and the Pea. Pin the crown. Royal dress up relay. Open Gym.

Bubble Soccer *NEW*

Come enjoy the fun. Ages 8 and up. ADD ON fee: \$50

EXCITE! in the Community



THANK YOU **Lewisville ISD** for the thank you gift and lunch!! So proud Excite! was able to participate in the first summer of senior paid internships and trainings! Wishing a great future for Stephanie, our marketing intern!

We had so much fun presenting at a Teacher In-Service for **Irving ISD**. Excite! Gymnastics Program was hired to do the in-service training for the Irving ISD focusing on PE Teacher training. The curriculum included floor, beam and vault training and games and team bonding activities presented by Julie, Caitlin, Janet, Destiny, Noah and Kourtney!



HVBA
Highland Village Business Association
Promoting Business Networking
and Customer Connection

Excite! was invited to attend a **HVBA**

Focus Group meeting to help give input. Julie Hutchens, owner of Excite!, along with 15-20 other local business owners, attended and enjoyed the time together sharing ideas and what they feel is the best part of being a member of HVBA. The participants' suggestions for future ideas were welcomed. There is no cost to join HVBA. For more information, go to <https://www.thehvba.com>.

Highland Village Rotary's Membership Drive Social was August 31



at 5:00pm at Shoal Creek. If you are interested in joining this fun service club, please check the website at www.hvrotary.org or email julieh@excitegym.com.

The next social is October 31.

SEPTEMBER 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 LABOR DAY HOLIDAY - OFFICE CLOSED	2	3 DAY PLAY 9:30-10:30am	4 FIRST STEP CLASS 11:15am HOT DEALS	5	6 DAY PLAY 10:30-11:30am	7
8	9 DAY PLAY 2:30-3:30pm	BRING A FRIEND WEEK		BRING A FRIEND WEEK		14 OPEN TUMBLE/GYM 5:00-7:30pm
		10 GYM TRY-OUTS 4:45-5:30pm DAY PLAY 9:30-10:30am	11 FIRST STEP CLASS 11:15am HOT DEALS		13 DAY PLAY 10:30-11:30am	
15	16 DAY PLAY 2:30-3:30pm	17 CHEER TRY-OUTS 5:30-6:15pm DAY PLAY 9:30-10:30am	18 FIRST STEP CLASS 11:15am HOT DEALS	19	20 DAY PLAY 10:30-11:30am	21 OPEN TUMBLE/GYM 5:00-7:30pm
22 INSPIRE 12:45-1:30pm	23 DAY PLAY 2:30-3:30pm	24 DAY PLAY 9:30-10:30am	25 FIRST STEP CLASS 11:15am HOT DEALS	26	27 DAY PLAY 10:30-11:30am	28 OPEN TUMBLE/GYM 5:00-7:30pm
29	30 TUITION DRAFTING DAY PLAY 2:30-3:30pm					