

# E-TIMES



February  
2020



WE   
OUR  
EXCITE!  
FAMILY



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**GYM  
CLOSED  
FOR  
CLASSES  
MARCH 16-21**

Excite! Gym & Cheer | 2225 Highland Village Road | Highland Village, Texas  
excitegym.com | office@excitegym.com | 972-874-8500

**Encouraging Xtreme Character In Training Excellence**

# BRING A FRIEND!



## BRING A FRIEND WEEK February 10 - 15

**FREE** trials for new friends!  
(not a current member of Excite!)

*Invite your new neighbor or classmate to come experience the  
FUN at Excite! Gym & Cheer!*

*Complete required waivers online PRIOR to arrival at Excite!  
Friend must be age appropriate, not skill.*

**WAIVER**

## 30-day money back guarantee!!

**Excite! wants to take time to get to know  
your child and for them to get to know us!**

**Just enroll. If after 30 days you are not completely satisfied with your classes, we  
will refund your monthly fees AND registration!**

**You get the option to try us at **NO RISK!!****

**WHY?** It gives us time to let your child try other classes and coaches, if needed, to fit his/her personality and fitness needs. It keeps a child from making a rush decision.

**YES!** We are that confident in what we do here that we are making this offer!

*\*Our 30-day guarantee is in place of free trials. Limit one per NEW student. Some restrictions may apply. Parent must submit a form for refund if, sadly, tumbling and gymnastics are not your child's interest right now.*





# Excite! DOES Excite

HOLIDAY BREAK WAS GREAT BUT THE EXCITE! STAFF TOOK THE TIME TO MEET, CLEAN AND SET UP THEIR 2020 VISION!

Customer evaluations were reviewed, and action was taken on the suggestions!

Excite! Gym & Cheer takes all the steps possible to ensure safety and training.

Excite! employees have quarterly staff meetings that are anywhere from 3-6 hours.

The staff ages range from 14 to 70 years old, which totally works for this group of peers and friends!

Stacie was awarded a special recognition and prize for her coaching compassion, talents and commitment. Stacie has been with Excite! for 16 years!!



***Congratulations to our Survey Winners: Jackie Felan, Melinda Woolley, & Alex El-Kurd!***

## EXCITE! ENJOYED BIG SUCCESS AND FAMILY FUN!

AT THE

## SAN ANTONIO COMPETITION WITH OVER 2K COMPETITORS



### Team Results:

Level 2: 1st Place  
Level 3: 2nd Place  
XCEL Gold: 2nd place

### Individual Results:

#### Level 2:

Reghan S: 1st place All Around  
Savannah S: 1st place Bars  
Molly A: 2nd place Floor

#### Level 3:

Boots: 1st place Bars  
Shaina B: 2nd place vault, 3rd place floor  
Piper: 3rd place bars

#### Gold:

Katie T: 1st place Beam, 3rd place All Around  
Crystal S: 3rd place Vault  
Leora H: 3rd place Beam  
Blaise B: 2nd place Beam  
Abby L: 3rd place Vault

#### Optionals:

Grace O: 4th place Vault and Floor  
Lillie R: 6th place Floor

# SPRING BREAK

When: TUESDAY, WEDNESDAY & THURSDAY, March 17-19

Time: 9:30am - 2:00pm

Ages: 3+ (potty trained, no pullups)

Cost: \$28 per day-Member; \$33 per day-Non-member

Bring a lunch. Organized Games & Crafts.

ENROLL

## Themes

Tuesday, March 17 - St. Patrick's (Irish jig, hot potato & St. Patty's lesson and crafts)

Wednesday, March 18 - All Things Spring (spring cleaning, flower games & spring crafts)

Thursday, March 19 - Beach Day (shark attack, sand castle kick & crafts)

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## GYMNASTICS BEGINNER CAMP

**\*\*CALLING ALL FUTURE OLYMPIANS!!\*\***

TUESDAY, March 17

Time: 2:00-3:30pm

Ages: 5-9 years

Cost: \$20

Come train on the beam, bars, floor and vault!

ENROLL

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## CHEER ONE-DAY CAMP

WEDNESDAY, March 18

Time: 2:00-3:30pm

Ages: 5-9 years

Cost: \$20

Come train like a competitive cheerleader! Stunts, tumbling, dance & cheers!

ENROLL

# CAMPS & CLINICS\*

## OPEN TUMBLE & STUNT

A great time to be evaluated for next season teams, too!

When: TUESDAY & WEDNESDAY, March 17 & 18

Time: 4:00-5:30pm

ENROLL

Ages: 7 and up

Cost: \$5 per day-Member; \$10 per day-Non-member

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## TUMBLE SKILLS CLINICS

45 minutes for the same cost of 30 minutes

When: TUESDAY & WEDNESDAY, March 17 & 18

1:30pm Back Handspring

1:30pm Fast Start

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1:30pm Whips

2:30pm Back Tuck

2:30pm Twisting

3:30pm Level 6 Worlds Level Tumbling

Cost: \$15-Member; \$18-Non-member

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## FEBRUARY SPECIAL OFFER - NEW CHEER LEVEL 6 SKILLS TRAINING

Stunting, Tumbling and FUN!

When: Thursdays, 4:00-5:30pm - Starts February 6

ENROLL

Cost: \$5 per person per day

Coach approval required. Email cheer@excitegym.com for approval or any questions.

\*Applies to all Camps, Clinics and Cheer Level 6: Enrollment closes 72 hours prior to event. Clinics subject to cancellation if minimum not met. To enroll you must be skill level appropriate. All waivers required to be completed online on our parent portal prior to arrival. Some restrictions may apply.



# PEP RALLY!! - Each Year Around 1,000 Attend!

**Time for your kids to SHINE !!**

**When: Sunday, March 29**

**Time: 2:00 - 5:00pm (Performers arrive earlier; times to be announced)**

**Where: Liberty Christian School  
1301 US 377, Argyle, Texas**

**Cost: \$8 per person in advance  
\$15 at the door**

TICKETS

## PERFORMANCES BY

Tumble Classes

Cheer & Tumble Classes

College Teams (only dependent on play-offs)

Gymnastics Team

All Star Cheer Teams

Inspire (our athletes with special needs)

## WHAT ELSE:

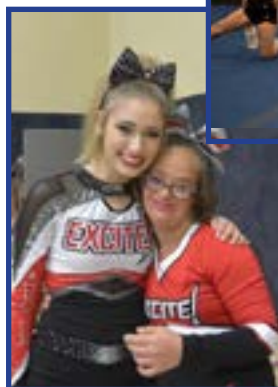
Want to promote your business?? You can!

Add a flyer, coupon or promotional item to our goody bags for a small fee.

Contact [office@excitegym.com](mailto:office@excitegym.com) TODAY for more information. Space is limited.

ALSO, on Sunday, March 29 ONLY, SPECIAL PRICING FOR EXCITE! TRY-OUTS, RAFFLES, CAMP DISCOUNTS!!

VARSITY and INFINITY WILL BE AT THE RALLY, TOO, WITH ITEMS TO PURCHASE AND TAKE OR ORDER!



**PEP RALLY FEE INCLUDES:** Your child gets to perform on a full performance floor, one parent ticket, a T-shirt and a goody bag PLUS VIP seating for class students' parents.

**BILLING NOTICE:** All Recreational Tumble and Cheer classes will be billed \$15 automatically with the February monthly billing on January 31 (details included in your waiver at time you enrolled).

# CLINICS

Description	Tue	Wed	Thur
Fast Start		5:30p	
Back Handspring		5:00p	
Back Tuck		4:30p	
High School/College Open Stunt \$2 each session. Cash only. Waiver required prior to arrival.	8:15p		8:15p

Enroll online at [excitegym.com](http://excitegym.com). All clinics are 30 minutes - \$15/members, \$18 non-members. Students encouraged to stretch and warm up before class. Parents responsible for child's safety until clinic begins. Please sign up in advance to avoid clinic cancellation. If minimum enrollment of 2 is not met, clinics will be canceled 72 hours in advance, and notification will be made via phone call. Nontransferable or refundable if canceled less than 48 hours in advance without doctor's note. Waivers are required from each participant.

NOTE: Clinics may be added or adjusted to offerings. Check your parent portal for the most up-to-date offers for all clinics.



**All Camps at Excite! Ages 6-12.**

**REGISTER NOW!**

- JULY 6-10 - CAMPLOL - 9am-12pm
- JULY 6-10 - CAMPLOL - 1pm-4pm
- JULY 6-10 - COMEDY PLAYHOUSE - 9am-4pm
- JULY 27-31 - ROCKSTARTOPIA! - 9am-12pm
- JULY 27-31 - CAMPHOLLYWOOD - 1pm-4pm
- JULY 27-31 - SUPERSTAR CAMP - 9am-4pm

E-TIMES FEBRUARY 2020

**We love our Partner Programs!**

**Fit 4 Mom Group Exercises at EXCITE!**  
Stroller Strides: Fri 9:30-10:30am  
Body Back: Tue & Th 5-6am  
[excitegym.com/fit4her](http://excitegym.com/fit4her)

**Girl Scouts at EXCITE!**  
Excite! has had the privilege of working with Girl Scouts for over 12 years. Email [girlscouts@excitegym.com](mailto:girlscouts@excitegym.com) to book a patch/sadge event for your troop. Girl Scout Programs offered are listed under "Extras" on [excitegym.com](http://excitegym.com).

**ARYA**  
[www.aryastudio.com](http://www.aryastudio.com)

**SOUTH ASIAN DANCE AT EXCITE!**  
-sundays-  
adults 3-5pm / ages 4-6 8-10pm  
[excitegym.com/arya](http://excitegym.com/arya)

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