



E-BLAST



Skills Testing!

October 14th thru November 14th

Coaches will be evaluating students in all Preschool, Gymnastics and Tumble classes! Skills cards will be handed out starting December 9th.



Thanksgiving Camps!

November 25th & 26th!

Must be Potty Trained! Bring a sack lunch!

Turkey Trot:

November 25th

Main Location (\$35)

Ages: 3 to 11

Time: 9:30am-2:00pm

I'm Thankful:

November 26th

Main Location (\$35)

Ages: 3 to 11

Time: 9:30am-2:00pm



Scan QR Code to sign up!

Thanksgiving Clinics

November 26th!

30 Minute Clinics!

Cost: \$20 Ages: 5-18

Minimum enrollments required and must be signed up 72 Hrs in advance.

3:00pm- Tumble Basics (Level 1)

3:00pm- Aerials

3:45pm- Back Handsprings (Level 2)

4:30pm- Back Tucks & Lay-Outs (Level 3&4)



Scan QR Code to sign up!



Gym CLOSED for classes and teams: November 24th-30th!



E-BLAST



Holiday Camps

December 18th-20th & 27th

Main Location

Cost: \$38

Ages: 3 to 11

Time: 9:30am-2:00pm



Scan QR Code to sign up!

Snow:
December 18th

Holiday PJ:
December 20th

Santa's Helpers: December 19th

Happy New Year: December 27th

HOLIDAY CLINICS

December 27th.

30 Minute Clinics!

Cost: \$20

Ages: 5-18

3:00pm- Tumble Basics (Level 1)

3:00pm- Aerials

4:00pm- Back Handsprings (Level 2)

5:00pm- Back Tucks & Lay-Outs (Level 3&4)



Scan QR Code to sign up!



**Gym CLOSED for classes and teams:
December 22nd-January 3rd!**

Save the Date!

Gymnastics In-House Meet

Date: Saturday January 18th

Theme: Candy Land

Billing: November 30th, \$20 (includes: entry for your athlete, 1 parent ticket, T-Shirt, ribbons and awards medal)

Calling all: Shining & Shooting Stars, Beginner Gymnastics, Hot Shots, and Gym A, B & C

Additions(Preorder ends DECEMBER 13th): Tickets \$5, Cookies \$8, Trophy \$10, Flowers \$15

FUN, FOOD AND OTHER ITEMS AVAILABLE FOR SALE - GREAT FUN QUICK DAY!

WATCH EMAIL FOR MORE INFORMATION!



Scan QR to purchase add ons!



E-BLAST



MONTHLY OFFERINGS

Day Play!

FREE to our Preschool Members. Guest: \$5 (waiver required)

Main Location:

Monday & Friday 10:30am-11:30am
Thursday 1:00pm-2:00pm

Preschool Location:

Tuesday 12:00pm-1:00pm
Saturday 9:15am-11:00am

Parents and Grandparents bring your little ones for open play in our AIR Conditioned gym. Grab a group of friends and come play! Parents must stay to actively supervise. NO prior enrollment needed!

No Day Play November 24th-30th!

Make-Up Classes!

Must be signed up 72hrs in advance

Fridays at the **MAIN** Location:

- 3:45pm- Shining & Shooting
- 3:45pm- 3 and 4/5 Fun Fitness
- 4:00pm- Gym A, Gym B, Gym C & Hot Shots
- 4:15pm- Beg Tumble & Beg Gymnastics
- 5:00pm-Tumble 1



Scan QR code to sign up

Clinics!

TUESDAYS:

- 4:30-5:00pm Back-handsprings
- 4:30-5:00pm Ariels
- 5:00-5:30pm Layouts

WEDNESDAYS:

- 4:30-5:00pm Back-handspring
- 5:45-6:15pm Tumble Basics



Scan QR code to sign up

MAIN Location!

Must be signed up 72hrs in advance

NEW! 1/2 Day Gym Day Out!

Parents, YOU deserve a break! YOUR kids will love the games, social and activities.

AGES 3 (Potty Trained)- 6 Yrs

TIMES: 12:15pm-3:00pm (Thursday)
and 9:15am-12:00pm (Friday)

Cost: \$75 a Month/ \$30 drop in

Make up allowed in another Gym Day Out

LOCATION : **MAIN Location**



Scan QR code to sign up

A Fun fitness class included/ Themed based & Education time. **PACK A LUNCH**

Minimum enrollment required

Rent the WHOLE Preschool Location for 1 hour!

YOU CAN ENJOY HAVING A:

PARTY, FAMILY GATHERING, HOME SCHOOL OR PLAY GROUP GET TOGETHER

Cost: \$50 = Open play and parent supervise (Up to 12 guest)

Weekdays: Monday- Friday

(Email: office@excitegym.com with your requests)

Preschool Party Packages

Staff lead Parties!

Cost: \$100 = Party - up to 12 guests

Ages: Walking to 4 years old

45 minutes : Obstacle course, games, and open play!

15 minutes Party Room

Staff clean up

Email into Office@excitegym.com for a personal planned experience!