

Delaney's Strength & Flexibility Training Schedule

For Dancers, Gymnasts, and Cheerleaders

Online registration is at <https://dancestudio-pro.com/online/jmdancecompany>

Saturday August 24th

11:00-12:30 Minis (7-9 yr olds-younger than that, by permission only)

12:30-2:30 Juniors (8-11 yr olds)

2:30-4:30 Seniors (12 & up)

Sunday August 25th

12:00-1:00 Minis (7-9 yr olds-younger than that, by permission only)

1:00-2:30 Juniors (8-11 yr olds)

2:30-4:00 Seniors (12 & up)

Pricing

Minis \$65

Juniors and Seniors \$90

Saturday Only

Minis \$40

Juniors and Seniors \$50

Sunday Only

Minis \$25

Juniors and Seniors \$40