

# UPCOMING NEWS!

(updated periodically so keep checking back)

- Fall dance classes start August 19<sup>th</sup>
- Delaney's strength and flexibility classes are August 24<sup>th</sup> & 25<sup>th</sup>  
(All Excite Athletes are welcome to attend) ***\*These classes are great for injury prevention!!!!*** Go to <https://dancestudio-pro.com/online/jmdancecompany> to register. Classes do fill up! You can also email [info@JMDanceCo.com](mailto:info@JMDanceCo.com) if that is easier!
- No classes Labor Day Weekend
- The Power of 3 In-House Dance Convention is September 13-15 (some classes will be open to the public)

JMDance Company

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